

## **DIRECTIONS**

### ***From Asheville***

Head East on I-240; go about 2 miles  
Take exit 7, go left at end of ramp onto Tunnel Rd/ US 70 E; go 1.7 miles  
Turn L at Ingles onto Riceville Rd; go 0.6 miles (you will pass under the Blue Ridge Pkwy)  
Turn R onto Old Farm School Rd; go 0.7 miles  
Turn L at stop sign onto Lower Grassy Br. Rd. go 0.3 miles  
Turn R on Old Farm School Rd. (this is not a joke); go .8 miles  
Turn L onto Old Coggins Place  
Follow signs

### ***From Points East of Asheville***

W on 40  
Take exit 55  
R off of access rd  
L on US-70; go ½ mile  
R at traffic light (lower grassy br); go 1.5 miles  
R (not left) on Old Farm School Rd; go ¾ mile  
Turn L onto Old Coggins place  
Follow signs

## **CARPOOL LOCATIONS**

### ***French Broad Food Coop***

Follow Biltmore South  
Left at McCormick (at Citgo)  
Right Immediately on Buchanan Ave.  
Veer Left at grassy area, and park in one of the many spots. (Or not if you have no car)  
Meet fellow carpoolers in grassy median area. It is an effective strategy to wave ones arms or to jump up and down in order to meet each other.  
Do not be late.

### ***Bike Gang***

Bicycle troupe will be leaving at 10:00 am on Friday, and at 8:00 a.m. on Saturday –Monday from the French Broad food Coop in Downtown Asheville. Do not be late.